RIKSFÖRBUNDET FÖR ME-PATIENTER

Svenska Covidföreningen

BRIDGING IMMUNOLOGY AND GENETICS IN ME/CFS AND LONG COVID

Hybrid medical conference in Uppsala

Program October 14th, 2026

Moderator Michel Silvestri, PhD, Head of unit, Swedish National eHealth Agency.

9:30 Registration

10:00 Opening and Welcome
Jonas Bergquist, Professor, Uppsala University
Anders Hagfeldt, Vice-Chancellor, Uppsala University
Per-Magnus Skoogh, Chair of RME
Anne Wiström, Chair of the Swedish Covid Association

10:30 People with Lived Experience
Maria Enander/ME/CFS (online)
Alexandra Hempel Svenonius/Long COVID

11:00 Genetic markers of ME/CFS and Post-Covid (online)
Prof. Chris Ponting, Edinburgh University

11:35 Epigenetic patterns of immune- and epithelial cells in patients with post-COVID suggests a stress-induced torpor/hibernation response as underlying disease mechanism
Prof. Maria Lerm, Linköping University

12:10 – 13:10 Lunch

13:10 Immune Dysregulation in Post-Infectious Disease and Emerging Therapies (online)
Prof. Carmen Scheibenbogen, Charité – Universitätsmedizin Berlin

13:45 Upregulation of JAK/STAT signaling and chronic inflammation
Dr. Serena Fineschi, Department of Public Health and Caring Sciences; General practice, Uppsala University

14:20 – 14:50 Break, refreshments

14:50 Experiences from the Clinic for Post-infectious Diseases at Karolinska University Hospital, Huddinge
Psychologist Håkan Walles, Head of Section
Dr. Soroush Hejazi, Karolinska University Hospital, Huddinge

15:20 The LIFT trial

Dr. David Systrom, Assistant Prof. of Medicine, Brigham and Women's Hospital and Harvard Medical School, Boston

15:55 Ongoing projects at the ME/CFS Collaborative Research Center

Prof. Jonas Bergquist, Uppsala University

16:20 Panel discussion

17:00 Closing

Conference Venue: Universitetshuset, Uppsala University, Hall IX

Address: Biskopsgatan 3, Accessible entrance: Övre Slottsgatan 7D.

Host: The conference is hosted by Riksförbundet för ME-patienter (RME) with the involvement of our national and local organizations and in cooperation with the Swedish Covid Association.

Do you have any questions? Please contact RME via e-mail konferens@rme.nu.